



IMPORTANT UPDATE
COVID POLICIES FOR K-8 STUDENTS AND STAFF
Effective February 3, 2022

Upon receiving a positive a diagnosis of COVID, a parent or guardian should email our school health office:
healthoffice@epiphanymn.org.

- **If the person has a positive COVID diagnosis WITH symptoms:**
 1. A 5 day quarantine is required.
 2. The 5 day quarantine begins 24 hours after the onset of symptoms* (i.e. if symptoms begin on Tuesday, the 5 days begin on Wednesday).
 3. The person can return to school after the 5 day quarantine
 - **AND** 24 hours with no fever,
 - **AND** symptoms* are improving.
 - **AND** you have evaluated if your child is healthy enough to attend school.**
- **If the person has a positive COVID diagnosis WITHOUT symptoms*:**
 1. A 5 day quarantine is required.
 2. The 5 day quarantine begins 24 hours after the positive COVID test. (i.e. if test is positive on Tuesday, the 5 days begin on Wednesday).
 3. Members living in the same household do not need to quarantine from school if they are healthy enough to attend school.**

School during student quarantine:

- **Middle school students** who are home due to COVID or a quarantine, are required to complete all assigned course work. Although some remote learning will be available in core curriculum, students should rely on their Google Classroom and teacher communication for coursework.
- **K-5 students** will not use remote learning but rely on traditional methods to make-up work or assignments unless instructed otherwise by their teacher. Parents/Guardians are encouraged to work directly with their child's teacher(s) to obtain assignments and class materials. Students must complete schoolwork as assigned by their teacher.

**Symptoms of COVID-19 can include fever, cough, shortness of breath, chills, headache, muscle pain, sore throat, fatigue, congestion or runny nose, or loss of taste or smell. Other less common symptoms include gastrointestinal symptoms like nausea, vomiting, or diarrhea. These symptoms may appear 2-14 days after you are exposed to the virus. For more information, please consult the [Minnesota Department of Health](#).*

****"The first and most important line of defense to mitigate the spread of illness is to keep children home when they have symptoms. Put simply, children MUST stay home when they are sick. All parents are asked to do daily health checks on their children before sending them to school. If they are sick, keep them home; if they are healthy, send them to school."**