



## K-8 COVID QUARANTINE UPDATES Effective January 13, 2022

Using recent information from the Minnesota Department of Health, Epiphany Catholic School has adopted the following protocols for student and employee quarantine due to COVID-19.

**Upon receiving a positive a diagnosis of COVID**, or upon a required quarantine due to a household member's diagnosis of COVID, a parent or guardian should email the school: [healthoffice@epiphanymn.org](mailto:healthoffice@epiphanymn.org).

- **If the person has symptoms\* and a positive diagnosis:**
  1. A **5 day quarantine** is required.
  2. The 5 day quarantine begins 24 hours after the onset of symptoms\* (i.e. if symptoms begin on Tuesday, the 5 days begin on Wednesday).
  3. The person can return to school after the 5 day quarantine
    - **AND** 24 hours with no fever,
    - **AND** symptoms\* are improving,
    - **AND** they wear a face covering for five additional days while in school.
- **If the person with the positive diagnosis does not have symptoms\*** of COVID:
  1. A **5 day quarantine** is required.
  2. The 5 day quarantine begins 24 hours after the positive COVID test. (i.e. if test is positive on Tuesday, the 5 days begin on Wednesday).
  3. The person can return to school after the 5 day quarantine if they wear a face covering for five additional days while in school.
- **If the person is unable to wear a face covering for five additional days**, they must remain out for the full 10 days using the same guidelines above.

**Members living in the same household as the person with the positive diagnosis** are required to quarantine using the same guidelines above.

### **School during student quarantine:**

- **Middle school students** who are home due to COVID or a quarantine, are required to complete all assigned course work. Although some remote learning will be available in core curriculum, students should rely on their Google Classroom and teacher communication for coursework.
- **K-5 students** will not use remote learning but rely on traditional methods to make-up work or assignments unless instructed otherwise by their teacher. Parents/Guardians are encouraged to work directly with their child's teacher(s) to obtain assignments and class materials. Students must complete schoolwork as assigned by their teacher.

*\*Symptoms of COVID-19 can include fever, cough, shortness of breath, chills, headache, muscle pain, sore throat, fatigue, congestion or runny nose, or loss of taste or smell. Other less common symptoms include gastrointestinal symptoms like nausea, vomiting, or diarrhea. These symptoms may appear 2-14 days after you are exposed to the virus. For more information, please consult the [Minnesota Department of Health](#).*