






October 2021

	Mon	Tue	Wed	Thu	Fri	
						
					1 WG French Toast Yogurt Tater Tots Fruit	
Lunch Visiting Adult \$5.00/Milk .55	4 WG Garlic Chicken Flatbread Green Beans Fruit	5 Mrs Hanson's Class Pizza Ranch WG Breadstick Caesar Sal./Pineapple Dessert Pizza	6 WG Walking Taco Fixings Black Bean Fiesta Fruit	7 WG Pancakes Sausages Hashbrown Triangles Fruit	8 WG Cheese Sticks Marinara Carrots Fruit	FREE after school supper served in lunch room daily 2:45-3 p.m.
Salad bar/ Sandwich bar Served daily K-8	11 WG Hamburger/ Cheeseburger Green Beans Fruit	12 Macaroni & Cheese WG Breadstick Peas Fruit	13 Ms Monson's Class WG Pepperoni Calzone Caesar Salad Apples Ice Cream Sandwich	14 GF Chicken Strips WG Dinner Roll Baked Beans Fruit	15 WG Grilled Cheese Tomato Soup Fruit	Breakfast 6:45-7:25am Adult \$2.50
Milk Choice: Skim 1% Chocolate	18 Chicken Patty On a WG Bun French Fries Fruit	19 Neumann Principal's Pizza Ranch WG Breadstick Caesar/Strawberries Sherbet	20 	21 	22 	FREE breakfast & lunch provided for ALL students Monday-Friday
Items subject to change WG = Whole Grain	25 Chicken Nuggets WG Dinner Roll Green Beans Fruit	26 Spaghetti w/ Meat Sauce WG Breadstick Caesar Salad Fruit	27 WG Beefy Nachos Fixings Refried Beans Fruit	28 Deacon's Class Pizza Ranch WG Breadstick Carrots/Pineapple Brownie / Ice Cream	29 WG French Toast Yogurt Tater Tots Fruit	This institution is an equal opportunity provider