



**Grade Level Prayer Expectations  
and  
The Liturgical Year in Our Classrooms**

**2020-2021**

**The Year of Hope**

***Christus Vincit***



## *We are a Catholic School*

*We believe that Christ is present here at all times and we believe that the Eucharist is the source and summit of our lives. Our students receive daily instruction in the Faith, actively participate in daily prayer, attend weekly Mass, receive God's mercy in the Sacrament of Reconciliation, attend Eucharistic Adoration, and make frequent visits to our Lord in the Epiphany School Fatima Chapel. We are forming saints and citizens that are salt and light to the earth and we take our role as educators of God's children very seriously.*

### *Memorare*

*Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thine intercession was left unaided. Inspired by this confidence, I fly unto thee, O Virgin of virgins, my mother; to thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen*

### *Memorare to St. Joseph*

*Remember, O most chaste spouse of the Virgin Mary, that never was it known that anyone who implored your help and sought your intercession were left unaided. Inspired by this confidence, I fly unto you, my spiritual father, and beg your protection. O Foster Father of the Redeemer, despise not my petitions, but in your goodness, hear and answer me. Amen.*

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## *The Year of Hope*

<i>Month</i>	<i>Virtue</i>	<i>Special Observances</i>
September	Hope	<ul style="list-style-type: none"> <li>• September 8: Blessed Virgin Mary's Birthday</li> </ul>
October	Studiosness	<ul style="list-style-type: none"> <li>• October 7: Our Lady of the Rosary</li> <li>• October 13: Miracle of the Sun (Fatima)</li> <li>• October 14-31: Prepare for All Saints and Souls</li> <li>• Middle School prays for life at abortion clinic</li> </ul>
November	Humility	<ul style="list-style-type: none"> <li>• November 1: All Saints Day</li> <li>• November 2: All Souls day</li> <li>• November 1-8: Novena for All Souls</li> <li>• November 11: Veteran's Day</li> <li>• November 21: Presentation of Mary</li> <li>• November 22: Christ the King</li> <li>• November 26: Thanksgiving</li> </ul>
December	Patience	<ul style="list-style-type: none"> <li>• November 29-December 24: Advent</li> <li>• December 6: St. Nicholas</li> <li>• December 8: The Immaculate Conception</li> <li>• December 12: Our Lady of Guadalupe</li> <li>• December 13: St. Lucy's Feast Day</li> </ul>
January	Fidelity	<ul style="list-style-type: none"> <li>• January 4-8: Christmas in classrooms</li> <li>• January 3: Holy Name of Jesus</li> <li>• January 6: Feast of the Epiphany</li> <li>• January 11-29: Pro-Life in Classrooms</li> <li>• January 22: MCCL at the Capital and Cathedral</li> <li>• January 31: St. John Bosco's Feast Day</li> </ul>
February	Cheerfulness	<ul style="list-style-type: none"> <li>• February 2: Presentation of Our Lord</li> <li>• February 3: St. Blaise (blessing of throats)</li> <li>• February 11: Our Lady of Lourdes</li> <li>• February 17: Ash Wednesday</li> </ul>
March	Temperance	<ul style="list-style-type: none"> <li>• March: Focus on Lent</li> <li>• March 19: Feast of St. Joseph</li> <li>• March 25: Feast of the Annunciation</li> <li>• Middle School prays for life at abortion clinic</li> </ul>
April	Obedience	<ul style="list-style-type: none"> <li>• March 28: Palm Sunday</li> <li>• March: Living Stations of the Cross</li> <li>• April 1-3: Triduum</li> <li>• April 4: Easter Sunday</li> <li>• April 4-11: Octave of Easter</li> <li>• April 11: Divine Mercy Sunday</li> </ul>
May	Diligence	<ul style="list-style-type: none"> <li>• May: Mary Crowning</li> <li>• May 13: Our Lady of Fatima</li> <li>• May 13: Feast of the Ascension</li> <li>• June 4: Closing School Mass</li> </ul>

***Prayer for The United States of America***  
***Composed by His Excellency***  
***Archbishop Carlo Maria Viganò***

*Almighty and Eternal God, King of Kings and Lord of Lords: graciously turn your gaze to us who invoke You with confidence.*

*Bless us, citizens of the United States of America; grant peace and prosperity to our Nation; illuminate those who govern us so that they may commit themselves to the common good, in respect for Your holy Law.*

*Protect those who, defending the inviolable principles of the Natural Law and Your Commandments, must face the repeated assaults of the Enemy of the human race.*

*Keep in the hearts of Your children courage for the truth, love for virtue and perseverance in the midst of trials.*

*Make our families grow in the example that Our Lord has given us, together with His Most Holy Mother and Saint Joseph in the home of Nazareth; give to our fathers and mothers the gift of Strength, to educate wisely the children with which you have blessed them.*

*Give courage to those who, in spiritual combat, fight the good fight as soldiers of Christ against the furious forces of the children of darkness.*

*Keep each one of us, O Lord, in your Most Sacred Heart, and above all He whom Your Providence has placed at the head of our Nation.*

*Bless the President of the United States of America, so that aware of his responsibility and his duties, he may be a knight of justice, a defender of the oppressed, a firm bulwark against Your enemies, and a proud supporter of the children of light.*

*Place the United States of America and the whole world under the mantle of the Queen of Victories, our Unconquered Leader in battle, the Immaculate Conception. It is thanks to her, and through your Mercy, that the hymn of praise rises to you, O Lord, from the children whom you have redeemed in the Most Precious Blood of Our Lord Jesus Christ. Amen.*

## *Grade Level Prayer Expectations*

The grade levels where prayers and objectives are Introduced, Developed, and Mastered are stated below. Once an objective is Introduced, it is expected that it is reviewed, developed (and if necessary, re-taught) all subsequent school years until Mastery is achieved. Once Mastery is achieved, students are assessed for retention annually. All teachers shoulder the responsibility of assisting students in their climb to Mastery.

**I = Introduced:** The student is exposed to, or made aware of, the prayer or objective for the first time.

**D = Developed:** The student works to memorize and understand the prayer/objective while growing toward Mastery.

**M = Mastered:** The student has the prayer or objective memorized and can recite at will. Additionally, there is a propensity toward its spiritual significance and a desire to cultivate it in their life.

	PreK	K	1	2	3	4	5	6	7	8
Sign of the Cross	I	D	M	M	M	M	M	M	M	M
Hail Mary	I	D	M	M	M	M	M	M	M	M
Golden Rule	I	D	M	M	M	M	M	M	M	M
Our Father	I	D	M	M	M	M	M	M	M	M
Glory Be	I	D	D	M	M	M	M	M	M	M
Guardian Angel	I	D	D	M	M	M	M	M	M	M
Prayer Before Meals	I	M	M	M	M	M	M	M	M	M
Sign of the Cross in Latin	I	I/D	D/M	M	M	M	M	M	M	M
The Ten Commandments			I	M	M	M	M	M	M	M
Angelus		I	D	D/M	M	M	M	M	M	M
The Great Commandment		I	D	M	M	M	M	M	M	M
Act of Contrition				I/M	M	M	M	M	M	M
Seven Sacraments						I	D	M	M	M
Morning Offering		I	D	D	M	M	M	M	M	M
Apostles Creed						I	D	M	M	M
Divine Mercy			I	D	M	M	M	M	M	M
Saint Michael the Archangel		I	D	M	M	M	M	M	M	M
The Mysteries of the Rosary			I	D	D	M	M	M	M	M
Beatitudes					I	D	M	M	M	M
Stations of the Cross			I	D	D	M	M	M	M	M
Memorare		I	D	D	D	D	M	M	M	M
Hail Holy Queen			I	D	D	D	M	M	M	M
Regina Coeli		I	D	D	D	M	M	M	M	M
Theological Virtues				I	D	M	M	M	M	M
Sacraments: Initiation-Healing-Service				I	D	D	M	M	M	M
Cardinal Virtues				I	D	M	M	M	M	M
Holy Days of Obligation				I	D	M	M	M	M	M
Corporal Works of Mercy				I	D	D	D	M	M	M
Spiritual Works of Mercy				I	D	D	D	M	M	M
Anima Christi								I	D	M
Books of the Bible							I	D	D	D
Precepts of the Church					I	D	D	D	M	M
Lenten Fasting Regulations		I	D	D	D	M	M	M	M	M
Act of Faith					I	D	D	M	M	M
Act of Hope					I	D	D	M	M	M
Act of Love					I	D	D	M	M	M
Eternal Rest (Prayer for the Deceased)			I	D	M	M	M	M	M	M
Gifts of the Holy Spirit						I	D	M	M	M
Fruits of the Holy Spirit						I	D	M	M	M
St. Andrew Christmas Novena		I	D	D	M	M	M	M	M	M



## **PreK Prayers and Instructions Introduced to Children**

### **The Sign of the Cross in English**

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

### **The Sign of the Cross in Latin**

In nomine Patris, et Filii, et Spiritus Sancti. Amen.

### **Hail Mary**

Hail Mary full of Grace, the Lord is with thee.

Blessed art thou among women, and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God, pray for us sinners now, and at the hour of our death. Amen.

### **Our Father**

Our Father, Who art in heaven, hallowed be Thy Name. Thy kingdom come, Thy will be done, on earth, as it is in heaven. Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us, and lead us not into temptation but deliver us from evil. Amen.

### **Glory Be**

Glory be to the Father, and to the Son, and to the Holy Spirit.

As it was in the beginning, is now, and ever shall be, world without end. Amen.

### **The Golden Rule**

Treat others as you would like to be treated.

### **Guardian Angel Prayer**

Angel of God, my guardian dear, to whom God's love commits me here. Ever this day, be at my side, To light and guard, to rule and guide. Amen.

### **Prayer before Meals**

Bless us, O Lord, and these Thy gifts, which we are about to receive from Thy bounty. Through Christ our Lord. Amen.

## **Kindergarten Prayers and Instructions**

*Students will continue to develop all of the PreK Prayers and be introduced to the following:*

### **The Greatest Commandment**

You shall love the Lord thy God with all your heart, soul and mind. You shall love your neighbor as yourself.

### **The Angelus**

The Angel of the Lord declared to Mary:

R: And she conceived of the Holy Spirit.

Hail Mary full of Grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners now, and at the hour of our death.  
Amen.

Behold the handmaid of the Lord:

R: Be it done unto me according to Thy word.

Hail Mary . . .

And the Word was made Flesh (genuflect):

R: And dwelt among us.

Hail Mary . . .

Pray for us, O Holy Mother of God:

R: That we may be made worthy of the promises of Christ.

Let us pray:

Pour forth, we beseech Thee, O Lord, Thy grace into our hearts; that we, to whom the Incarnation of Christ, Thy Son, was made known by the message of an angel, may by His Passion and Cross be brought to the glory of His Resurrection, through the same Christ Our Lord. Amen.

### **Prayer to St. Michael the Archangel**

St. Michael, the Archangel, defend us in battle. Be our protection against the wickedness and snares of the Devil. May God rebuke him, we humbly pray, and do Thou, O Prince of the heavenly hosts, by the power of God, cast into hell Satan, and all the evil spirits, who prowl about the world seeking the ruin of souls. Amen.

## **Saint Andrew Christmas Novena**

Hail, and blessed be the hour and moment at which the Son of God was born of a most pure Virgin at a stable at midnight in Bethlehem in the piercing cold. At that hour vouchsafe, I beseech Thee, to hear my prayers and grant my desires. (Mention your intentions here) Through Jesus Christ and His most Blessed Mother. Amen.

## **The Morning Offering**

O my Jesus, through the Immaculate Heart of Mary, I offer you my prayers, works, joys and sufferings of this day in union with the Holy Sacrifice of the Mass throughout the world. I offer them for all the intentions of your Sacred Heart: the salvation of souls, reparation for sin, and union of all Christians. I offer them for the intentions of our bishops and of all Apostles of Prayer, in particular those recommended by our Holy Father this month. Amen.

**Regina Coeli, (also known as Queen of Heaven)** *This prayer replaces the Angelus from Easter through Pentecost.*

Queen of Heaven, rejoice, alleluia.

For He, whom you did merit to bear, alleluia.

Has risen as he said, alleluia.

Pray for us to God, alleluia.

Rejoice and be glad, O Virgin Mary, alleluia.

For the Lord is truly risen, alleluia.

**Let us pray:** O God, who gave joy to the whole world through the resurrection of thy Son, our Lord Jesus Christ, grant we beseech thee, that through the intercession of the Virgin Mary, his Mother, we may obtain the joys of everlasting life. Through the same Christ our Lord. Amen.

## **Eternal Rest Prayer (Prayer for the Deceased)**

Eternal rest grant unto him/her/them O Lord, and let Your perpetual light shine upon them. May the souls of the faithfully departed, through the mercy of God, rest in peace.

## **First Grade Prayers and Instructions**

*Students will continue to develop/master all of the above and be introduced to the following:*

### **Hail, Holy Queen (Salve Regina)**

Hail, holy Queen, Mother of Mercy, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping, in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us and after this our exile show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary! Pray for us, O Holy Mother of God, that we may be made worthy of the promises of Christ. Amen.

### **The Ten Commandments**

1. I am the Lord, thy God. You shall have no strange God's before Me.
2. You shall not take the name of the Lord, God in vain.
3. Keep the Sabbath Day holy.
4. Honor your father and mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not lie.
9. You shall not covet thy neighbor's wife. (Have purity in thoughts and deeds)
10. You shall not covet thy neighbor's goods.

### **Stations of the Cross**

**1st Station:** Jesus is condemned to death.

**2nd Station:** Jesus accepts the cross.

**3rd Station:** Jesus falls the first time.

**4th Station:** Jesus meets His mother.

**5th Station:** Simon of Cyrene helps Jesus carry His cross.

**6th Station:** Veronica wipes the face of Jesus.

**7th Station:** Jesus falls the second time.

**8th Station:** Jesus meets the women of Jerusalem

**9th Station:** Jesus falls a third time.

**10th Station:** Jesus is stripped of His clothes.

**11th Station: Jesus is crucified.**

**12th Station: Jesus dies on the cross.**

**13th Station: The body of Jesus is taken down from the cross.**

**14th Station: Jesus is laid in the tomb.**

## **Second Grade Prayers and Instructions**

*Students will continue to develop/master all of the above and be introduced to the following:*

### **Divine Mercy Chaplet**

Sign of the Cross: In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

The Our Father Prayer: Our Father, Who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation but deliver us from evil. Amen.

The Hail Mary Prayer: Hail Mary, full of grace. The Lord is with thee. Blessed art thou amongst women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

The Apostle's Creed Prayer: I believe in God, the Father Almighty, Creator of Heaven and earth; and in Jesus Christ, His only Son, Our Lord, Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified; died, and was buried. He descended into Hell; the third day He arose again from the dead; He ascended into Heaven, and sits at the right hand of God, the Father Almighty; from thence He shall come to judge the living and the dead. I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

The Eternal Father Prayer: Eternal Father, I offer you the Body and Blood, Soul and Divinity of Your Dearly Beloved Son, Our Lord, Jesus Christ, in atonement for our sins and those of the whole world.

On the ten small beads of each decade:

For the sake of His sorrowful Passion, have mercy on us and on the whole world.

Repeat for the remaining decades:

Saying the "Eternal Father" on the "Our Father" bead and then 10 "For the sake of His sorrowful Passion" on the following "Hail Mary" beads.

Conclude with Holy God (*Repeat three times*)

Holy God, Holy Mighty One, Holy Immortal One, have mercy on us and on the whole world.

Optional Closing Prayer

Eternal God, in whom mercy is endless and the treasury of compassion--inexhaustible, look kindly upon us and increase Your mercy in us, that in difficult moments we might not despair nor become despondent, but with great confidence submit ourselves to Your holy will, which is Love and Mercy itself. Amen.

### **Act of Contrition**

Oh my God, I am heartily sorry for having offended Thee. And I detest all my sins because they have offended Thee, oh my God, Who art all good and deserving of all of my love. I firmly resolve, with the help of Thy grace, to confess my sins, to do penance, and to amend my life. Amen.

## **The Memorare**

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thine intercession was left unaided. Inspired by this confidence, I fly unto thee, O Virgin of virgins, my mother; to thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen

## **The Mysteries of the Rosary**

The Joyful Mysteries focus on the joyful events related to the Incarnation of Jesus. (Mondays and Saturdays)

1. The Annunciation of Gabriel to the Virgin Mary (Fruit: Humility)
2. The Visitation of Virgin Mary to Elizabeth (Fruit: Love of Neighbor)
3. The Birth of Jesus (Fruit: Poverty of Spirit)
4. The Presentation of Our Lord in the Temple at Jerusalem (Fruit: Purity of Mind and Body)
5. The Finding of the Child Jesus in the Temple at Jerusalem (Fruit: Obedience)

The Sorrowful Mysteries focus on the passion and death of Jesus. (Tuesdays and Fridays)

The Agony of Our Lord in the Garden of Gethsemane (Fruit: God's Will Be Done)

2. Our Lord is Scourged at the Pillar (Fruit: Mortification of the Senses)
3. Our Lord is Crowned with Thorns (Fruit: Reign of Christ in Our Heart)
4. Our Lord Carries the Cross to Calvary (Fruit: Patient Bearing of Trials)
5. The Crucifixion of Our Lord (Fruit: Pardoning of Injuries)

The Glorious Mysteries focus on the Resurrection and reign of Jesus in Heaven with Mary (Wed and Sundays)

- 1 The Resurrection of Our Lord (Fruit: Faith)
2. The Ascension of Our Lord into Heaven (Fruit: Christian Hope)
3. The Descent of the Holy Spirit on Mary and the Apostles at Pentecost (Fruit: Gifts of the Holy Spirit)
4. The Assumption of the Virgin Mary into Heaven (Fruit: To Jesus Through Mary)
5. The Coronation of Mary as Queen of Heaven and Earth (Fruit: Grace of Final Perseverance)

The Luminous Mysteries focus on the life and ministry of Jesus. (Thursdays)

1. The Baptism of Our Lord in the Jordan (Fruit: Gratitude for the Gift of Faith)
2. The Wedding Feast at Cana (Fruit: Fidelity)
3. The Proclamation of the Kingdom of Heaven (Fruit: Desire for Holiness)
4. The Transfiguration of Our Lord (Fruit: Spiritual Courage)
5. The Institution of the Eucharist at the Last Supper (Fruit: Love of Our Eucharistic Lord)

## **Prayer after the Rosary**

Let us pray. O God, whose only begotten Son, by His life, death, and resurrection, has purchased for us the reward of eternal life, grant, we beseech Thee, that mediating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ Our Lord. Amen.

## **Third Grade Prayers and Instructions**

*Students will continue to develop/master all of the above and be introduced to the following:*

### **The Beatitudes**

- Blessed are the poor in spirit, for theirs is the kingdom of heaven.
- Blessed are they who mourn, for they shall be comforted.
- Blessed are the meek, for they shall inherit the earth.
- Blessed are they who hunger and thirst for righteousness, for they shall be satisfied.
- Blessed are the merciful, for they shall obtain mercy.
- Blessed are the pure of heart, for they shall see God.
- Blessed are the peacemakers, for they shall be called children of God.

Blessed are they who are persecuted for the sake of righteousness, for theirs is the kingdom of heaven

### **Act of Faith**

O my God, I firmly believe that You are one God, in three Divine Persons, the Father, the Son and the Holy Spirit. I believe that Your Divine Son became man and died for our sins and that He will come to judge the living and the dead. I believe these and all the truths, which the holy Catholic Church teaches, because You have revealed them and can neither deceive or be deceived.

### **Act of Hope**

O My God, relying on Your infinite goodness and promises, I hope to obtain pardon of my sins, the help of Your grace and life everlasting, through the merits of Jesus Christ, my Lord and Redeemer.

### **Act of Love**

O my God, I love You above all things with my whole heart and soul, because You are all good and worthy of all love. I love my neighbor as myself for love of You. I forgive all who have injured me, and I ask pardon for all whom I have injured.

## **Fourth Grade Prayers and Instructions**

*Students will continue to develop/master all of the above and be introduced to the following:*

### **Apostles Creed**

I believe in God, the Father Almighty, Creator of Heaven and earth;  
and in Jesus Christ, His only Son Our Lord, Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried.  
He descended into hell; the third day He rose again from the dead;  
He ascended into Heaven, and sits at the right hand of God, the Father almighty; from thence He shall come to judge the living and the dead. I believe in the Holy Spirit, the holy Catholic Church, the Communion of Saints, the forgiveness of sins, the resurrection of the body and life everlasting. Amen.

### **Gifts of the Holy Spirit**

- Wisdom
- Understanding
- Knowledge
- Counsel
- Fortitude
- Piety
- Fear of the Lord

### **Fruits of the Holy Spirit**

- Charity
- Joy
- Generosity
- Gentleness
- Peace
- Faithfulness
- Patience
- Modesty
- Kindness
- Goodness
- Chastity
- Self Control



## **Fifth Grade Prayers and Instructions**

*Students will continue to develop/master all of the above and be introduced to the following:*

### **The Seven Sacraments**

- Baptism
- Marriage
- Confirmation
- Penance/Confession
- Holy Communion
- Holy Orders
- Anointing of the Sick

## **Middle School Prayers and Instructions**

*Students will continue to develop/master all of the above and be introduced to the following:*

### **The Precepts of the Church**

- Attendance at Mass on Sundays and Holy Days of Obligation
- Confession of serious sin at least once a year
- Reception of Holy Communion at least once a year during the Easter season
- Observance of the days of fast and abstinence
- Providing for the needs of the Church

### **Anima Christi**

Soul of Christ, sanctify me. Body of Christ, save me. Blood of Christ, inebriate me. Water from the side of Christ, wash me. Passion of Christ, strengthen me. O good Jesus, hear me. Within your wounds hide me. Do not permit me to be separated from you. From the evil foe protect me. At my hour of my death call me. And bid me come to you, to praise you with all your saints for ever and ever. Amen.

### **Holy Days of Obligation**

- January 1: Mary, Mother of God
- Fortieth day after Easter: The Ascension
- August 15: The Assumption of the Blessed Virgin Mary
- November 1: All Saints Day
- December 8: Immaculate Conception
- December 25: The Nativity of Our Lord Jesus Christ

**The Four Cardinal Virtues:** Prudence, Temperance, Fortitude, Justice

**The Three Theological Virtues:** Faith, Hope, Love

**Sacraments of Initiation:** Baptism, Eucharist, Confirmation

**Sacraments of Healing:** Anointing of the Sick, Reconciliation

**Sacraments of Service:** Holy Orders, Matrimony

### **The Spiritual and Corporal Works of Mercy**

The Corporal and Spiritual Works of Mercy are actions we perform to extend God's compassion and mercy.

#### **Corporal Works of Mercy**

- Feed the hungry
- Give drink to the thirsty
- Shelter the homeless
- Clothe the naked
- Visit the sick and imprisoned
- Bury the dead
- Give alms to the poor

#### **Spiritual Works of Mercy**

- Admonish the sinner
- Instruct the ignorant
- Counsel the doubtful
- Bear Wrongs Patiently
- Forgive offenses willingly
- Comfort the afflicted
- Pray for the living and the dead

## **Books of the Old Testament**

- Genesis
- Exodus
- Leviticus
- Numbers
- Deuteronomy
- Joshua
- Judges
- Ruth
- 1 Samuel
- 2 Samuel
- 1 Kings
- 2 Kings
- 1 Chronicles
- 2 Chronicles
- Ezra
- Nehemiah
- Tobit
- Judith
- Esther
- 1 Maccabees
- 2 Maccabees
- Job
- Psalms
- Proverbs
- Ecclesiastes
- Song of Songs
- Wisdom
- Sirach
- Isaiah
- Jeremiah
- Lamentations
- Baruch
- Ezekiel
- Daniel
- Hosea
- Joel
- Amos
- Obadiah
- Jonah
- Micah
- Nahum
- Habakkuk
- Zephaniah
- Haggai
- Zechariah
- Malachi

## **Books of the New Testament**

- Matthew
- Mark
- Luke
- John
- Acts
- Romans
- 1 Corinthians
- 2 Corinthians
- Galatians
- Ephesians
- Philippians
- Colossians
- 1 Thessalonians
- 2 Thessalonians
- 1 Timothy
- 2 Timothy
- Titus
- Philemon
- Hebrews
- James
- 1 Peter
- 2 Peter
- 1 John
- 2 John
- 3 John
- Jude
- Revelation

# **THE LITURGICAL YEAR in the Classroom**

Throughout the year the Church family celebrates the life, death and resurrection of Jesus. We also celebrate feasts and saints. In the following pages you will discover a description of each season or feast, an explanation of the appropriate liturgical color and a suggested classroom display. Enjoy a school journey through the Church's year.

## **THE SEASON OF ADVENT**

Begins four Sundays before Christmas and ends on December 24.

Advent has a twofold character. It is the season to prepare for Christmas time, and it is the season when our minds and hearts wait in anticipation for the coming of Christ. It is a penitential season; a time to wait and watch.

**Liturgical Color:** Violet, symbolizing waiting, renewal and expectation

**Display:** Bible; Advent Wreath; Jesse Tree; an empty crib

### **St. Andrew Christmas Novena:**

Our entire school will pray this Novena together beginning on St. Andrew's Feast Day, November 30. The Novena ends on Christmas morning.

#### **St. Andrew Christmas Novena**

Hail, and blessed be the hour and moment in which the Son of God was born Of the most pure Virgin Mary, at midnight,  
in Bethlehem, in the piercing cold.

In that hour vouchsafe, O my God, to hear my prayer and grant my desires through the merits of Our Savior Jesus Christ,  
and of His blessed Mother. Amen.

## **THE SEASON OF CHRISTMAS**

Begins on Christmas day and ends on the Feast of the Baptism of the Lord

Christmas is a season, not a day. This is difficult to realize since the world wants to 'get back to normal' long before we have arrived at the last day of Christmas: the Feast of the Baptism of the Lord. It is a season of true joy when we celebrate that 'God-is-with-us' – Emmanuel! The color and vibrancy of our Christmas celebrations should inform a very deep part of ourselves that something has happened, that Christ is born, and the world will never be the same.

**Liturgical Color:** White or gold, symbolizing true joy and triumph.

**Display:** Crib with Jesus, Mary, Joseph, and all characters - except the three wise men.

## **The Solemnity of the Epiphany (Our Parish Feast Day)**

This solemnity is celebrated on the Sunday nearest to the 6<sup>th</sup> January.

The Epiphany of the Lord is one of the greatest feasts in the Church's year and in many parts of the world it is celebrated as the most joyful day of Christmastime. The word 'epiphany' means manifestation or glorious appearing. We rejoice that the glory of God is shown to the whole world through the person of Jesus Christ.

**Liturgical Color:** Red, symbolizing royalty

**Display:** The three wise men are added to the Nativity along with stars

## **The Feast of the Baptism of Our Lord**

This feast is celebrated on the Sunday after the Epiphany.

The feast of the Baptism of the Lord closes the Christmas season and prepares us to follow the teachings of Jesus and celebrate his life during the coming year. As Jesus was baptized in the river Jordan by John the Baptist the followers of John saw the heavens open and the voice of God was heard. This voice invited all those who saw Jesus to listen to his message. In this event God's glory was revealed and so the Baptism of the Lord is another 'epiphany' or 'showing'.

**Liturgical Color:** White or gold symbolizing true joy and triumph

**Display:** Bible; candle; water; picture/painting/mosaic of our Lord's Baptism

## **ORDINARY TIME**

Ordinary Time is recognized the following times during the liturgical calendar:

- From the end of the Christmas Season until Ash Wednesday (the beginning of Lent)
- From the day after Pentecost until the first Sunday of Advent
- For a few weeks in January and February and all through the summer and autumn

"Ordinary" comes from the word "ordinal" and means "counted". In other words, each of the weeks has a number (for example, the Third Sunday in Ordinary Time). During Ordinary Time the Sunday Gospels follow Jesus from story to story in Matthew, Mark or Luke. Each of these Gospels is read for one year in the church's three-year cycle of Sunday Mass readings. Sunday after Sunday we also read through the various letters of Paul and others in the New Testament.

**Liturgical Color:** Green, symbolizing life and growth

**Display:** Bible, candle, anything that shows the promise of growth and life

## **THE SEASON of LENT**

Begins on Ash Wednesday and ends on Holy Thursday in the evening – approximately 6 weeks.

In the Christian Year, Lent precedes and prepares for Easter. It is a penitential season, a time of spiritual growth and a time for discerning and doing good. Traditionally we give more time to prayer, fasting and almsgiving. This helps us to say, ‘Yes’ to God’s will and, ‘No’ to our selfish ways in order to become better followers of Jesus. The season begins by recalling the 40 days Jesus fasted in the desert.

**Liturgical Color:** Purple, symbolizing penance

**Display:** Cross made out of branches and draped with a purple cloth; stones, sand and pebbles, sandals and footprints; pot of bare twigs or branches. On **Ash Wednesday** a bowl of ashes can be added.

## **HOLY WEEK**

For the Church, Holy Week is the ‘greatest week’ during which the suffering, death and resurrection of Jesus is remembered.

On **PASSION SUNDAY** which is sometimes called **PALM SUNDAY** (because we bless palms and we hear the reading of the passion of Jesus), we celebrate Jesus’ entrance into Jerusalem to face his suffering and death. If this day is remembered in school, palms and red cloth can be added to the Lenten display symbolizing the passion and death of Christ.

**THE PASCHAL or EASTER TRIDUUM** Begins on Holy Thursday in the evening ends on Easter Sunday in the evening. "Paschal Triduum" means "the Three Days of Passover". For the Jewish people, Passover celebrates the great event when God delivered the people of Israel from slavery in Egypt to freedom. The followers of Jesus proclaim that in the life, death and resurrection of Jesus, God has freed and saved us.

On the night between Holy Saturday and Easter Sunday, we keep the Easter Vigil. We gather to light a fire and a towering candle, to listen to our most treasured scriptures, to sing psalms and other songs. We prepare for this Vigil in the washing of feet on Holy Thursday and in the veneration of the cross on Good Friday. We also prepare by fasting. The Church fasts – from food, from entertainment, from chatter, from work – so that we have time to focus on the death and resurrection of the Lord.

## **EASTER SEASON**

Begins on Easter Sunday and ends 50 days later on Pentecost Sunday.

Easter Sunday is the beginning of the Easter Season which lasts for 50 days. The Easter season is to the year what Sunday is to the week. It is the heart of the Christian faith. St. Paul writes that without a strong, unswerving belief in the Resurrection of Christ, then, ‘empty too is our faith’.

**Liturgical Color:** White and gold, symbolizing triumph and joy

**Display:** Large white candle; bowl of holy water; ‘Alleluia’ banner; cross draped with a white or gold cloth; any symbols of new life e.g. eggs, spring flowers, butterflies etc.

## **PENTECOST**

50 days (7 weeks) after Easter Sunday.

Pentecost is a Greek word meaning fiftieth. The Jewish ‘feast of weeks’ was held fifty days after the beginning of the grain harvest. It was a thanksgiving feast to celebrate the end of the harvest and to commemorate the day God gave the Law to Moses on Mount Sinai. Jesus made it clear to his disciples that it was important that they carry on his mission after he was gone. He promised he would give them the strength of his Spirit to do this. At Pentecost the Church celebrates the fulfillment of Jesus’ promise that the Holy Spirit will guide and help his disciples to understand all that he has taught them. It is sometimes called the ‘birthday’ of the Church.

**Liturgical Color:** Red, symbolizing royalty, fire and martyrdom

**Display:** A picture of Pentecost/Holy Spirit; red flowers; bible opened at Acts 2:1-43; one large white candle surrounded by 12 smaller red ones.

## **FEASTS of MARY**

Mary the Mother of God has a special place in the Church’s seasons and feasts. May is the month of Mary and October is the month of the Rosary. There are also special feasts throughout the year and many beautiful traditions. There are six major feasts the Church celebrates in honor of Mary:

- January 1                      Mary the Mother of God
- March 25                      The Annunciation
- May 31                         The Visitation
- August 15                     The Assumption
- September 8                 Mary’s Birthday
- December 8                 The Immaculate Conception

**Liturgical Color:** Blue and white, which are the traditional colors for Our Lady

**Display:** Small statue of Mary, candles, flowers; bible opened at appropriate scripture passage

## **FEAST of ALL SAINTS and ALL SOULS**

All Saints' Day is a holy day of obligation celebrated annually on November 1. The day is dedicated to the saints of the Church, that is, all those who have attained heaven. It should not be confused with All Souls' Day, which is observed on November 2, and is dedicated to those who have died and not yet reached heaven.

All Saints Day should be celebrated in place of Halloween in classrooms.

**Liturgical Color:** White

**Display:** Paschal Candle, white cloth, Holy Water as a sign of Baptism